



ENROLLMENT OPTION
\$79.00

- * A RISE SURPRISE GIFT
- * ALL ACCOUNTABLE/EDUCATIONAL MEETINGS FOR 8 WEEKS
- * MEASUREMENTS AT BASELINE, MIDPOINT, AND ENDPOINT
- * ACCESS TO OUR PRIVATE CHALLENGE PAGE FOR EDUCATION, RECIPES, AND NUTRITIONAL QUESTIONS

MEAL PLAN OPTION
\$99.00

- * ALL ENROLLMENT PERKS
- * MEAL PLAN WITH 8 WEEKS OF DAILY SMOOTHIE & SALAD OPTIONS FOR BREAKFAST/LUNCH AS WELL AS FAMILY FRIENDLY DINNER MEAL PLANS ALL WITH RECIPES

DETOX OPTION
\$209.00

- * ALL ENROLLMENT PERKS
- * 3 DAY DETOX WITH FOOD PROVIDED

ENTIRE CHALLENGE
\$269.00

- * ALL ENROLLMENT PERKS
- * 8 WEEK MEAL PLAN
- * 3 DAY DETOX WITH FOOD PROVIDED

CHALLENGE + CLASSES
\$409.00

- * ALL ENROLLMENT PERKS
- * 8 WEEK MEAL PLAN
- * 3 DAY DETOX WITH FOOD PROVIDED
- * 20 CLASS PACK INCLUDED (EXPIRES MARCH 30TH, 2017)

• **TO SIGN UP, VISIT WWW.RISEGLENELLYN.COM** •